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Sage In-District Continues NJ Expansion With Mountain Lakes High School

Mountain Lakes, New Jersey – February 27, 2015 – Sage In-District programs are continuing to grow and have recently gained a new partnership with Mountain Lakes High School. By bringing in a Sage Clinician, school districts are finding that more and more students are able to remain in-district. Students are finding that emotional support readily available to them and they are able to thrive in their school environment.

Executive Director, John Reilly, LCSW, NCPsyA speaks to 5 benefits of having an on-site Sage Clinician:

1. Our job is focused on the therapeutic services and is therefore specialized to provide preventative and restorative early intervention. The school counselor/cst member has many non-clinical duties and heavy caseload responsibilities therefore he or she is less available for or focused on treatment. Child study team members do not have the time and may not have the specific depth of clinical training to meet the needs of the students that allow them to remain in or return to district.
2. Sage Clinicians are well trained for complex cases and they also undergo supervision by the Director. Sage In-District programs bring a level of support, specialization and a level of supervision that is not available in the typical public school structure.
3. Clinical sessions can be scheduled 1-3 times per week. This differs from the typical approach to school counseling which can be more crisis intervention or "as needed." Our interventions are scheduled and consistent, providing the students with ongoing support. Additionally, we are available to respond to and process a crisis more immediately. This allows for quicker recovery time so the student can return to learning.
4. We are present to deal with crisis situations and are available to make determination for a higher level of need (psychiatric/suicide screening).
5. Our hours are flexible and allow for family therapy sessions during non-school hours.

"The therapeutic relationship is powerful and having a consistent presence that allows the student a place to check in and gain support is imperative. Sometimes just a few minutes of contact with the clinician goes a long way in helping a student maintain functioning in school," said Reilly.

About Sage In-District: Sage In-District brings both the educational and counseling expertise that are the essential components of effective school-based intervention. Because Sage Day has been running therapeutic schools for 17 years, they understand the intricacies of school operations and know how to integrate supports and counseling seamlessly into the school day. Some services offered include: Individual Counseling, Group Counseling – Process Group, Social Skills, Family Counseling, Classroom Support and more. To learn more about Sage In-District click [here](#). ###