



Therapeutic Education That Transforms



4 Key Features of Sage

The Sage Graduate



Customized Therapy & Academics



Community-Focused Culture



Student Well Being



There is a Better Path



“A unique program that is **magical** for the discouraged student and frustrated family.”

David Mullen, Chairperson,
Middle States Accreditation Team

One-size-fits-all education isn't for everyone. This is especially true if you are a bright, capable student who wants a different learning environment.

Sage Day Schools get students to a better place. It's where middle and high school students who previously struggled in school suddenly thrive. That's because our personalized, safe and small learning environment addresses the needs and issues of the individual: intellectual, social and emotional. We stand alone in providing a therapeutic and challenging educational community that empowers and prepares students to realize their potential and achieve success far beyond Sage Day.

And we hold ourselves accountable. It's why so many Sage graduates, who go on to be successful in college and in life say, “I'm where I am today because of Sage.”

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“Two years ago my son was depressed and hopeless about school. We were desperate to get our son’s life back on track and hoped that we wouldn’t have to sacrifice academics in the process. Today, my son is graduating and has been accepted to college. We don’t think he would be where he is today without the support and care of Sage Day staff. If you are a parent who has lost hope, Sage Day will make a great difference in your life.”

Parent of a Sage Day graduate



“Here We Will Do What Others Say You Cannot.”

These are the words that greet students when they enter the doors of Sage Day. It’s how prospective students and families know they have found a truly unique school community that understands the issues and challenges they have been struggling with. Our focus is on the whole student and we are strongly committed to intellectual and emotional growth. In our experience, this is what best empowers students to fulfill their potential as lifelong learners and productive members of society.

College Bound Academics

The Sage Day curriculum is comprehensive and follows the New Jersey Student Learning Standards. Our course of study encompasses a full range of mathematics, science, social sciences, humanities, technology, visual arts, music and electives that meet the State of New Jersey requirements for a high school diploma. We adopt creative, hands-on techniques in the classroom to explore topics in greater depth and make learning more meaningful and relevant for students.

Our teachers are passionate about their subject matter and highly creative in their delivery of instruction. They devote themselves to forming strong professional relationships with each student. Students consistently trace their academic success to the strong relationships that they have established with their teachers.

Classes are small, supportive and challenging. Our students know that they earn every grade they receive, and as they progress, self-recognition of their accomplishments grow and they begin to set expectations and goals for themselves. By the end of 12th grade, more than 86 percent



of graduating students who have attended Sage Day for at least three years have a postsecondary plan in place to either enter college, postsecondary training, the workforce, or the military. The letters we receive from parents following graduation say it all: “We had all but given up on school and yet a few years later, our child is preparing to start college.”

Therapy Is Fully Integrated Into The School Day



Therapeutic education is what makes Sage Day so unique and its students so successful. Therapy, which is conducted by our Sage Certified Clinicians,[™] is fully integrated into the school day.

Five days a week we give each student the opportunity to talk it out —

- Twice in individual therapy
- Twice in group therapy
- Once per week in a family session

Understanding yourself better and gaining insights into your strengths and weaknesses become part of a daily process. With therapeutic and instructional supports in place, students develop the tools to tackle academic and emotional challenges with comfort and vigor.

Family counseling is an essential part of the Sage Day education; we encourage and expect each family to participate in therapy.

Our clinicians are highly skilled professionals who are sensitive to the individual needs of adolescents and their families. They also stay attuned to our students by communicating daily with our teachers.

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“The personal concern and attention for our son were evident from the beginning. The flexibility to meet so many different needs was obvious. The great talent and people skills of all the teachers were a refreshing and important change for our son. Sage Day is the whole package!”

Parent of a Sage Day student



Gifted And Passionate Educators

Sage Day understands the critical need for faculty and therapeutic staff to “be there” for students. Our teachers, administrators and Sage Certified Clinicians™ are highly credentialed professionals with advanced degrees and certifications. They are also passionate about the Sage Day mission and are completely committed to the growth and development of each student. The tenure of our educators really speaks to this commitment — our teachers and clinicians have on average, 8 years of experience at Sage Day. This low employee turnover strengthens cohesion among the educators and fosters a more positive and stable school environment for students.

Sage Day Is Accountable

At Sage Day we hold ourselves accountable in the same ways we hold our students accountable. We set standards and expectations and evaluate our progress continually to build upon and improve the Sage Day experience. Here are a few examples of some recent initiatives and policies:

- We continually evaluate our progress and performance through an intensive accrediting process driven by the standards of an independent accrediting body. Sage Day opted for the more rigorous and student-centered Accreditation for Growth Protocol administered by the Middle States Association of Colleges and Schools.
- We adopt best practices in therapeutic education. Our organizational structure ensures that Sage Certified Clinicians™ are supervised and mentored by a clinical director, and all of our clinical directors receive equally intensive and supportive supervision. Teachers, clinicians and administrators conference and meet regularly on student needs and issues.

- We work as a team to implement the highest ethical standards and live by these standards.



Why Is Accreditation Important?

Sage Day Schools are accredited by the Middle States Association of Colleges and Schools.

For parents and students investigating alternative school options, this accreditation serves as confirmation from an internationally recognized independent body that Sage Day is an educationally sound institution that is fulfilling its mission and can provide the following benefits to school districts:

- **Partnership in Placement** — Finding the right placement can be a challenge. Sage Day offers the Child Study Team a strong partnership in working towards the success of each student.

- **Thorough follow through on IEPs** — Sage Day partners with sending school districts on diligently implementing and updating each student's Individualized Education Plan (IEP).
- **Facilities that meet all of the necessary state and local building requirements.**



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“I wanted to thank you for believing in me when I could not believe in myself. You all have changed my life in so many ways I cannot even start to tell you. Even though you gave me a hard time sometimes, I realize now that it was for my own good. I just wanted to thank you for giving me a place in life when I thought I had none.”

Sage Day student



Sage Day Students

There is no “typical” Sage Day student. Each student has unique needs and challenges that are addressed within the context of a safe and supportive academic and therapeutic environment. We have learned that a student who feels safe is more likely to take the risk of trying something new, which is why so many discover an untapped talent for art, music and writing at Sage Day. With the right kinds of support and a culture built on mutual respect, students who felt overwhelmed or disenfranchised in previous school settings, find they can be successful participants in the Sage Day environment.



Social Life

Many describe Sage Day as “a place to belong.” That’s because community is central to all that we do. We set high standards — students at Sage Day are expected to be responsible members of a school community who respect the unique differences of others. Bolstered by an atmosphere of

acceptance and trust, students form strong bonds, learn to cooperate and rely on one another and make meaningful contributions to Sage Day and the greater community. Very often, the relationships and friendships formed at Sage Day continue to flourish long after graduation. Sage Day provides both lower/middle and high school students with a well-rounded, developmentally-appropriate experience. This includes numerous electives, special programs and clubs outside of regular coursework that foster individual growth and development.

Extracurricular Activities

Extracurricular activities frequently evolve and change according to student interest and passion. A sample of recent student clubs include the following:

- Acoustic Club
- Art Club
- Community Service Club
- Creative Writing Club
- Rock Band
- Self Defense & Fitness Club
- Sports Club
- Strategy Games Club
- Student Council
- Yearbook Club



Life After Sage

Sage Day fully prepares graduates to take the next step. Our College & Career Transition Department provides direct instruction on career awareness and works closely with students to make informed decisions about their postsecondary choices. Recent graduates are also pursuing career-based certifications at accredited career schools. Others have entered the workforce or are serving in the U.S. Armed Forces.



Recent Sage Day graduates are attending:

- Bergen Community College
- Caldwell University
- Centenary College
- Culinary Institute of America
- Emerson College
- Fordham University
- Lafayette College
- Montclair State University
- Morris County College
- Penn State University
- Rutgers University
- Seton Hall University
- William Paterson University
- Temple University
- Rutgers University
- Bucknell University
- Ramapo College
- Dickinson College
- Mount Holyoke College
- Rowan University

For a complete listing of college acceptances visit www.sageday.com

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“Sage Day has been a blessing to our family. Our son interviewed at several schools and he immediately felt that Sage was the right environment for him, as did I. Graduation day was lovely... it was clear the students have all benefitted and blossomed in various ways — a true testament of the dedication of Sage’s staff. We have nothing but the highest regard and recommendations for Sage Day.”

Parent of a Sage Day student

Take the Next Step

To learn if Sage Day is right for you, make an appointment to visit one of our campuses and meet with our staff. We also invite you to join us for a series of educational seminars designed to help both students and staff. Contact us at 1-877-887-8817 or visit www.sageday.com.

Sage Day At-A-Glance

Campuses	Boonton, Rochelle Park, Mahwah and Princeton
Grades Served	4–8 (Mahwah) 9–12 (Rochelle Park) 8–12 (Boonton) 6–12 (Princeton)
Student-to-Faculty Ratio	5:1
Faculty and Administrator Turnover	Teachers and staff average 8 years with Sage Day
Accreditations	Middle States Association of Colleges and Schools
School Year	180 days, same as the traditional school district requirement.
Summer Program	Extended school year program offered five weeks in the summer, M-F, 9 a.m.–12 p.m.

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www.sageday.com

Sage Day does not discriminate based on race, religion or national origin.